





MON

TUE

WED

THUR

FRI

<p>3 Creamy Pumpkin Alfredo Pasta with Breaded Chicken</p> <p>Unsweetened Applesauce</p>	<p>4 Shepherd's Pie with Ground Beef Organic Peas and Carrots and Fresh Mash Potato Baked with Bread Crumbles on top</p> <p>Fresh Organic Fruits</p>	<p>5 Chicken in Barbecue Sauce Green Peas Enriched Jasmine White Rice</p> <p>Fresh Organic Fruits</p>	<p>6 Perfect Beef Bolognese Pasta with Enriched Bolognese Beef Sauce plus Carrots Shredded Parmesan Cheese on top</p> <p>Fresh Organic Fruits</p>	<p> PIZZA</p>
<p>10 Five Cheese Ziti al Forno A baked blend of Italian cheeses Pasta and our five cheese marinara with Baked Diced Chicken</p> <p>Unsweetened Applesauce</p>	<p>11 PopCorn Chicken Buttery Organic Sweet Corn Pasta on Butter Cheese on Top</p> <p>Fresh Organic Fruits</p>	<p>12 Stir Fry Steak Steamed Baby Carrots Enriched Jasmine White Rice</p> <p>Fresh Organic Fruits</p>	<p>13 Diced Chicken Brown Rice on Chicken stock/broth Green Peas</p> <p>Fresh Organic Fruits</p>	<p> PIZZA</p>
<p>17 St. Patrick's Day Special Meal Spinach Tortilla Chicken Quesadillas Irish Buttered Peas and Chickpea</p> <p>Lime Gelatin</p>	<p>18 Baked Cheesy Chicken Taquitos Organic Sweet Corn Oven Baked Cheesy Potato</p> <p>Fresh Organic Fruits</p>	<p>19 Ground Beef with Veggies Enriched Jasmine White Rice Organic Pinto Beans</p> <p>Fresh Organic Fruits</p>	<p>20 Asiatic Inspired Fried Rice with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Chunks</p> <p>Fresh Organic Fruits</p>	<p> PIZZA</p>
<p>24 Monday Brunch Mini Pancakes with Sugar-Free Jelly, Egg Muffins with Spinach and Turkey, Turkey Sausage and Baked Potatoes</p> <p>Unsweetened Applesauce</p>	<p>25 Homemade Tempura Chicken Nuggets Steamed Broccoli Pasta on Butter Cheese on Top</p> <p>Fresh Organic Fruits</p>	<p>26 Burger Party Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Potato Tots with Cauliflower</p> <p>Fresh Organic Fruits</p>	<p>27 TACO PARTY Diced Chicken, Shredded Cheese Shredded Lettuce, Diced Tomato Sweet Corn, Black Beans Corn or Flour Tortillas Corn</p> <p>Fresh Organic Fruits</p>	<p> PIZZA</p>
<p>31 Chicken Breast Chunks Brown Rice on Chicken stock/broth Skillet Zucchini and Yellow Squash</p> <p>Unsweetened Applesauce</p>				





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<p>3 Chicken Breast Chunks Brown Rice on Chicken stock/broth Skillet Zucchini and Yellow Squash</p> <p>Unsweetened Applesauce</p>	<p>4 Shepherd's Pie with Ground Beef Organic Peas and Carrots and Fresh Mash Potato Baked with Bread Crumbles on top</p> <p>Seasonal Fresh Fruit</p>	<p>5 Chicken in Barbecue Sauce Green Peas Soft Roll</p> <p>Seasonal Fresh Fruit</p>	<p>6 Spaghetti Bolognese Green Salad (Spinach, Romaine) Italian or Ranch Dressing Steamed Baby Carrots Garlic Bread</p> <p>Pears</p>	 <p>PIZZA</p>
<p>10 Chicken Alfredo Pasta with Organic Broccolis and Shredded Cheese on top</p> <p>Unsweetened Applesauce</p>	<p>11 Breaded Fish/Fish Sticks Ketchup Cucumber Slices Soft Roll</p> <p>Seasonal Fresh Fruit</p>	<p>12 Sliced Turkey Steamed Baby Carrots Mashed Potato Corn Muffin</p> <p>Seasonal Fresh Fruit</p>	<p>13 Diced Chicken Brown Rice on Chicken stock/broth Green Peas</p> <p>Pears</p>	 <p>PIZZA</p>
<p>17 Baked Diced Chicken Fresh Mashed Potato Steamed Broccoli Whole Grain Bread Butter or Marg</p> <p>Unsweetened Applesauce</p>	<p>18 Chicken Tetrazzini Pasta Fresh Tomato Slices</p> <p>Seasonal Fresh Fruit</p>	<p>19 Breaded Fish/Fish Sticks Green Peas Soft Roll Ketchup</p> <p>Seasonal Fresh Fruit</p>	<p>20 Ground Beef Stroganoff Enriched with Mixed Vegetables Egg Noodles</p> <p>Mandarin Oranges</p>	 <p>PIZZA</p>
<p>24 Roast Turkey Slices Peas and Carrots 100% Whole Wheat Roll Butter or Marg.</p> <p>Unsweetened Applesauce</p>	<p>25 Homemade Tempura Chicken Nuggets Ketchup Steamed Broccoli 100% Whole Grain Bread Butter or Marg</p> <p>Seasonal Fresh Fruit</p>	<p>26 Cheeseburger Green Peas Bun Mustard, Mayo, Ketchup</p> <p>Seasonal Fresh Fruit</p>	<p>27 TACO PARTY Diced Chicken, Shredded Cheese Shredded Lettuce, Diced Tomato Sweet Corn, Black Beans Corn or Flour Tortillas Corn Fruit Cocktail</p>	 <p>PIZZA</p>
<p>31 Chicken Breast Chunks Brown Rice on Chicken stock/broth Skillet Zucchini and Yellow Squash</p> <p>Unsweetened Applesauce</p>				